

**FRANKLIN RECREATION COMPLEX**  
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**ENRICHMENT CENTER AT ACADEMY PARK**  
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**LONGVIEW RECREATION COMPLEX**  
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**NOLENSVILLE RECREATION COMPLEX**  
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# Senior Newsletter

Williamson County  
Parks and Recreation

## April 2021

## FITNESS + SPORTS

### SENIOR GROUP FITNESS CLASSES

A variety of Senior specific classes are available at the following locations: Franklin, Enrichment Center, Fairview, Nolensville, Longview, Brentwood (Indoor Sports Complex). Visit our website to browse the schedules at each facility.

### EATING FOR YOUR BEST LIFE

Fri. April 9th 9:30am-11:00am  
Join WCPR's registered dietitian Robin Neal to learn specific foods that will support a long, healthy life. Registration Required. Cost: \$29 Ages: 16 to Adult. Class will be held at the Enrichment Center.

### TIMBERLAND PARK HIKES

FREE—No registration Required.

#### Wild Flower Hike

April 3rd	3:00pm-4:00pm
April 11th	8:30am-9:30am
April 24th	8:30am-9:30am
April 30th	10:00am-11:00am

#### Two Mile Hike

April 16th	8:30am-9:30am
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#### Land Navigation Workshop + Hike

April 17th	8:30am-9:30am
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#### Full Moon Hike

April 27th	7:45pm-9:15pm
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### SENIOR HIKE—

#### EDWIN WARNER PARK

Wednesday, April 28th 9:00am-10:30am  
FREE—Registration Required. Reg. Code: 19712  
Meet us at the Warner Park Nature Center where we will get to see Spring come into bloom!

***\*Please note that transportation to the hike location will not be provided and participants must be able to walk independently on different types of terrain.\****

### INDOOR PICKLEBALL

Court reservations can be made over the phone at the following locations: Franklin, Fairview, Nolensville and Longview.

### OUTDOOR PICKLEBALL

Court reservations can be made online for the outdoor courts located at Academy Park and Brentwood (Indoor Sports Complex).

### OUTDOOR PICKLEBALL LEAGUE - INTERMEDIATE

Tuesdays, April 13th—May 18th 10am-12:30pm  
Cost: \$30 Age: 55+  
Registration Required. Reg. Code: 19693  
Hosted at Academy Park Outdoor Courts

### TABLE TENNIS

Sundays 3:00pm-5:00pm  
hosted at the Indoor Sports Complex  
located in Brentwood

### WII SPORTS

Thursdays April 15th— May 27th 10:00am-12:00pm  
Who is ready to bowl? Virtual bowling is a fun and easy game to learn. No experience necessary. This is a great chance to add some social activity back to your life. Join us Thursday mornings 10:00am-12:00pm in the Longview game room. Covid restrictions and facility protocol will apply.

## ENRICHMENT CENTER

### SENIOR LOUNGE

Monday—Friday 8:00am-3:00pm  
Socializing and pool only. No games  
or puzzles permitted at this time.  
Call to reserve your seat in advance.

### BINGO

Every first Wednesday of the month  
\*starting April 7th\*  
1:00m-2:00pm  
Registration required. Reg. Code: 19762  
Food prohibited.

### MOVIE MATINEE

Tuesday, April 20th 10:00am-12:00pm  
“The Wizard of Oz”  
Registration required. Reg. Code:19792 Cost: \$1  
Hosted inside the Performing Arts Theater

### OPEN ART STUDIO + WATERCOLORS

Mondays 9:00am-12:00pm and 1:00pm-3:30pm  
Registration required. Reg. Code: 19781 & 19789  
Cost: \$4 per person, per class  
or \$2 with WCPR pass.

### YARN CLUB

Wednesdays & Fridays 10:00am-12:00pm  
Registration required. Reg. Code:20097  
Cost: \$1 or FREE with WCPR pass.

### DULCIMER DANDIES

Wednesdays 10:00am-12:00pm  
Registration required. Reg. Code:19776  
Cost: \$1 or FREE with WCPR pass.

### ART JOURNALING + MINDFULNESS

Tuesdays 10:00am-12:00pm OR 4:30pm-6:30pm  
Thursdays 10:00am-12:00pm  
Registration Required. Reg. Code:19801 & 19802  
Cost: \$15 (\$5 supply fee per class, plus \$20 one  
time book fee) Ages: 12 to Adult.

## FRANKLIN

### PAINT PARTY: PET PORTRAITS

Wed. April 14th 1:00pm-3:00pm OR  
Sun. April 18th 1:30pm-3:30pm  
Registration Required. Reg. Code: 19756 & 19758  
Cost: \$30 (no additional supply fee)  
Ages: 12 to Adult.

### PAINT PARTY: TULIPS

Wed. April 21st 1:00pm-3:00pm OR  
Sun. April 25th 1:30pm-3:30pm  
Registration Required. Reg. Code: 19760 & 19761  
Cost: \$25 (no additional supply fee)  
Ages: 12 to Adult.

### PLAYFUL PALETTE: ACRYLIC PAINTING PRACTICE

Wednesdays April 7th, 14th, 21st, & 28th  
10:30am-12:00pm  
Registration Required. Reg. Code: 19819-19822  
Cost: \$10 (no additional supply fee)  
Ages: 12 to Adult.

### ART JOURNALING + MINDFULNESS

Sat. April 10th 10:00am-12:00pm Registration  
Required. Reg. Code: 19804  
Cost: \$15 (\$5 supply fee per class,  
plus \$20 one time book fee)  
Ages: 12 to Adult.

### BOB ROSS OIL PAINTING

Sat. April 10th 12:00pm-3:00pm  
OR  
Sunday, April 11th 1:30pm-4:30pm  
Registration Required. Reg. Code: 19567 & 19643  
Cost: \$60 (includes supplies)  
Ages: 13 to Adult.

## FRANKLIN CONT.

### MIXED MEDIA: GELLI PLATE

Sat.. April 11th 1:30pm-4:30pm OR  
Sun. April 25th 1:30pm-4:30pm  
Registration Required. Reg. Code: 19809 & 19810  
Cost: \$30 (plus \$15 supply fee)  
Ages: 12 to Adult.

### MIXED MEDIA WORKSHOP: HAPPY AS A DAISY

Sun. April 18th 1:00pm-5:00pm  
Registration Required. Reg. Code: 19642  
Cost: \$35 (\$15 supply fee) Ages: 12 to Adult.

### OIL PAINTING

Fridays 9:00am-11:00am  
Registration Required. Reg. Code: 19805 & 19806  
Cost: \$25 per class Ages: 16 to Adult.

### OPEN STUDIO DRAW + PAINT

Fridays 12:00pm-1:30pm  
Registration Required. Reg. Code: 19807 & 19808  
Cost: \$15 per class Ages: 16 to Adult.

### CONNECTING THE DOTS: AMERICAN SONGBOOK + JAZZ STANDARDS

Tuesdays in April 11:00am-12:00pm  
Registration Required. Reg. Code: 19826  
Cost: \$15 each class Ages: 16 to Adult.

## NOLENSVILLE

### BINGO

Every third Tuesday of the month  
\*starting May 18th\*  
10:00am-11:00am  
Registration required. Reg. Code: TBD  
Food prohibited.

## LONGVIEW

### BINGO

Every second Tuesday of the month  
\*starting May 11th\*  
10:00am-11:00am  
Registration required. Reg. Code: TBD  
Food prohibited.

### BOB ROSS OIL PAINTING

Sat. April 24th 12:00pm-3:00pm  
Registration Required. Reg. Code: 19573  
Cost: \$60 (includes supplies)  
Ages: 13 to Adult.

## FAIRVIEW

### SENIOR LOUNGE

Monday—Friday 8:00am-3:00pm  
Socializing and pool only. No games  
or puzzles permitted at this time.  
Call to reserve your seat in advance.

### BINGO

Every first Monday of the month  
10:00am-11:00am  
Registration required. Reg. Code: 20093  
Food prohibited.

### BOB ROSS OIL PAINTING

Sat. April 17th 12:00pm-3:00pm OR  
Sunday, April 18th 1:30pm-4:30pm  
Registration Required. Reg. Code: 19498 & 19499  
Cost: \$60 (includes supplies)  
Ages: 13 to Adult.

### POTTERY + HAND SCULPTING

Tuesdays 9:00am-12:00pm OR 1:00PM-4:00PM  
Saturdays 9:00am-12:00pm  
Registration Required. Reg. Code: 19757, 19754,  
19755, 19945, 19838, 19837  
Cost: \$12 (plus \$25 supply fee per 6 visits)  
Ages: 13 to Adult.

REGISTER ONLINE AT [WWW.WCPARKSANDREC.COM](http://WWW.WCPARKSANDREC.COM)  
OR FOLLOW THIS CODE USING YOUR SMARTPHONE.

